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# PEDIATRIC INTAKE PAPERWORK

### HELLO AND WELCOME TO THE REBELUTION!

From whom did your child receive chiropractic care?

🛛 N/A

Please fill out the following information completely and to the best of your ability. Remember to initial the bottom of each page.

PERSONAL INFORMATION				
Child's Name	Date of Birth: Age:			
Child's Preferred Name:	Gender: 🖵 Male 🖵 Female			
Email:	Marital Status: 🗆 S 📮 M 📮 D 📮 W			
Street Address:	City/State/Zip:			
Guardian #1:	Relationship to Child:			
Phone (□Cell □Home □Work)	Email:			
Guardian #2:	Relationship to Child:			
Phone (□Cell □Home □Work)	Email:			
Who is responsible for the child's finances?	What is the relationship between #1 and #2?			
🗖 Guardian #1 📮 Guardian #2 📮 Both	Married Divorced Other:			
Siblings (Name(s)/Age(s)):	Child's Hobbies:			
PRENATAL, BIRTH, & INFAN	CY HISTORY			
If your child is above the age of 5, skip to PEF	RSONAL HEALTH HISTORY			
Birth Weight:lboz Height:in       At how many weeks of pregnancy was your child born?         Name of □ Doctor/ □ Midwife:       Delivery method: □ Vaginal □ C-Section □ VBAC         List any drugs/medications that you took during pregnancy: □ N/A         List any complications, serious illness, or health emergency that the mother experienced during the birth or pregnancy: □ N/A				
PERSONAL & PAST HEALTH HISTORY				
	te if your child has experienced the following:			
Has your child received vaccines? 🗅 No 🕒 Yes	N/A Been unconscious due to illness or injury			
<i>if yes</i> 🖵 On regular schedule 📮 delayed schedule	Serious illnesses, operation, or health emergency			
Is your child exposed to secondhand smoke?	Motor vehicle accident			
🗅 Never 🕒 In the Past 📮 Occasionally 📮 Daily	Explain (include year(s)):			
List over-the-counter/prescription drugs that your child is currently taking: 🖵 N/A				
Does your child have any genetic disorders or disabilities? 🗅 No 🗳 Yes ( <i>If yes, explain</i> ):				
Has your child's symptom/pain/reason for seeking chiropractic care happened BEFORE? 🗖 No 🛛 Yes				
What treatment did you seek? 🗖 N/A How were your results? 🗖 Good 🗖 Poor				
Help us identify past conditions or procedures that could be <i>related to your child's main issue</i> :				
🗅 N/A 🕒 Past surgeries 📮 Childhood diseases 📮 Past injuries <i>Explain:</i>				

#### Name: \_\_\_\_\_

Date:

### What is the MAIN symptom/pain/reason you are seeking chiropractic care for your child?

#### PROBLEM/CONCERN #1: \_\_\_\_\_

- Rate your child's CURRENT pain/discomfort: \_\_\_\_/10 WHEN did the problem begin? \_\_\_\_\_\_
- Did your child do something/did something happen that caused/aggravated the problem?
   No Yes *If yes, explain:*
- Does the problem RADIATE outward? 
  I No I Yes If yes, where?
- - WHEN is the problem at its worst? 🗆 Morning 📮 Mid-day 📮 Evening 📮 Other
- What RELIEVES the problem? \_\_\_\_\_\_ What makes the problem WORSE? \_\_\_\_\_\_

#### Are there any SECONDARY health concerns you wish to bring to our attention?

#### PROBLEM/CONCERN #2: N/A\_\_\_\_\_

- Rate your child's CURRENT pain/discomfort: \_\_\_\_/10 WHEN did the problem begin? \_\_\_\_\_\_
- Did your child do something/did something happen that caused/aggravated the problem?
   No 
   Ves If yes, explain: \_\_\_\_\_\_\_
- Does the problem RADIATE outward? 🗆 No 🗳 Yes If yes, where? \_\_\_\_\_\_
- WHEN is the problem at its worst? 
  Morning Mid-day Evening Other
- What RELIEVES the problem? \_\_\_\_\_\_ What makes the problem WORSE? \_\_\_\_\_\_

**Directions:** On the diagrams to the RIGHT, **CIRCLE** the area(s) that to your child's pain/symptom(s):

#### How would you describe the problem(s)?

Other:

- □ Dull ache □ Deep/boring □ Numb
- Pounding
- 🖵 Stiff/tight
- □ Radiating □ Tingling □ Burning



## CHIROPRACTIC & HEALTH LIFESTYLE GOALS

What are the health and lifestyle goals you hope your child achieves while under chiropractic care? PLEASE CHECK ALL THAT APPLY:

□ Sharp/stabbing

Decrease the severity & intensity of my child's pain/problem(s)

Decrease the frequency of my child's pain/problem(s) (how often my child experiences the pain/problem(s))
 By the end of my child's corrective chiropractic care, I hope they are able to...

## ACTIVITIES OF DAILY LIVING

## DIRECTIONS: Assess your child's ability / lack of ability to complete the following activities.

		<u>CAN</u> COMPLETE With	With	CANNOT	
	Without	Minimal	Significant	COMPLETE	N/A
	Pain or	Pain or	Pain or	Due to	
	Difficulty	Difficulty	Difficulty	Pain	
Activity					
Bathe/Shower					
Brush Hair	ū				
Brush Teeth	ū				
Use Toilet					
Get Dressed					
Stand					
Walk					
Sit					
Squat					
Kneel					
Reach Overhead					
Bend Forward					
Turn Left					
Turn Right					
Move from Seated to Standing					
Sleep					
Eat					
Go up/Down Stairs					
Get In/Out of Car					
Drive					
Use Computer					
Focus/Concentrate					
Prepare Food					
Householdd Chores					
Carry Bag/Purse					
Run/Hike					
Other:					

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## **REVIEW OF SYSTEMS & ORGAN DYSFUNCTION**

DIRECTIONS: Check the box(es) that apply to conditions that your child/your child's family members currently suffer from/have suffered from in the past. (Was your child Adopted?  $\Box$  No  $\Box$  Yes)

CONDITION	YOUR CHILD	CHILD'S SIBLING	CHILD'S PARENT	CHILD'S GRANDPARENT	
Acid Reflux/Heartburn/GERD					
ADHD/ADD					
Allergies					
Anxiety					
Arthritis/Joint Pain					
Asthma/Difficulty Breathing					
Autism Spectrum					
Cancer					
Carpal Tunnel Syndrome					
Chest Pain					
Depression					
Diabetes					
Difficulty Sleeping					
Disc Problems					
Dizziness/Vertigo					
Ear Problems					
Epilepsy					
Fibromyalgia					
Headaches/Migraines					
Hemorrhoids					
Hgh/Low Blood Pressure					
Infertility					
Irritable Bowl Syndrome					
Menstrual Dysfunction					
Mood Changes/Irritability					
Numbness/Tingling					
Scoliosis					
Sinus Problems					
Swelling of Legs/Feet					
TMJ/Jaw Pain					
Tremors					
*Organ/System Problems					
<ul> <li>* Select ALL that apply: Digestive Gallbladder Heart Liver Stomach Pancreas</li> <li>Reproductive Lung/Respiratory Urinary Kidney Prostate Vision Thyroid Skin</li> <li>Sexual Other(s) Explain:</li> </ul>					



#### Informed Consent for Diagnostic and Treatment Procedures

I have received my examination and the doctor explained to me what he/she found. Based on this, I give my permission to have diagnostic tests, procedures, and a treatment plan for my condition(s). I understand that the treatment I receive at this clinic is from a licensed Doctor of Chiropractic. Chiropractic scope of practice includes a wide range of services, but if the clinician determines the services I need cannot be provided by this office, then he/she will direct me to the appropriate health care provider.

Within the service provided by this office, treatment almost always includes either physical therapy procedures including exercise, manual therapy, and functional activities or the chiropractic adjustment, a specific type of joint manipulation. Spinal manipulation and physical therapy modality procedures are done to ease pain and/or help the body function better. Like most health care procedures, the spinal manipulation and physical therapy procedures carry with it some risks. Unlike many such procedures, the serious risks associated with the spinal manipulation and physical therapy procedures are extremely rare. **The following are the potential risks:** 

- **Temporary soreness or increased symptoms or pain.** It is not uncommon for patients to experience temporary soreness or increased symptoms or pain after the first few treatments.
- **Dizziness, nausea, flushing:** These symptoms are relatively rare. It is important to notify the doctor if you experience these symptoms during or after your care.
- Fractures: When patients have underlying conditions that weaken bones, like osteoporosis, they may be susceptible to fracture. It is important to notify your doctor if you have been diagnosed with a bone weakening disease or condition. If your doctor detects any such condition while you are under care, you will be informed, and your treatment plan will be modified to minimize risk of fracture.
- **Disc herniation or prolapse:** Spinal disc conditions like bulges or herniations may worsen even with chiropractic care. It is important to notify your doctor if symptoms change or worsen.
- **Stroke:** According to the most recent research, there is no evidence of excess risk of stroke associated with chiropractic care. Regarding neck pain and headache symptoms, there is an association between stroke and visits to all provider-types, including primary care medical visits, which may occur before or during the provider visit.
- **Other risks:** associated with chiropractic treatment include rare burns from physiotherapy devices that produce heat.
- Bruising: Instrument assisted soft tissue manipulation may result in temporary soreness or bruising.
- Alternatives to manipulation discussed through a <u>shared decision-making process</u> include: Medicines, Physical Therapy, Massage, Mobilization, Acupuncture, and/or Cognitive-behavioral therapy. You can do these whether or not you are doing spinal manipulation.
- **Refusing diagnostic and/or treatment procedures** may carry a risk to future capabilities in regard to performing activities of daily living or progression towards chronic pain.

\_\_\_\_\_ I am not pregnant to my knowledge (date of last menstrual cycle: \_\_\_\_\_\_). I have been advised that it may not be advisable to be exposed to x-rays if I believe that there is a possibility that I am pregnant.

#### Spinal Decompression

**Benefits:** The primary indication for non-surgical spinal decompression is painful spine pain, nerve compression, and disc problems including: • Herniated Disc

- Degenerative Disc
- Facet Syndrome
- Sciatica
- Post-surgical Disc
- Spinal Stenosis
- **Risks of Spinal Decompression:** A common side effect of decompression therapy is a dull, achy soreness for the first week or two as the body becomes accustomed to being stretched and decompressed, because the muscles are stretched in a lengthening direction which the body is not used to. If you have disc fragmentation, calcification, severe arthritis and any surgicial spinal appliances, decompression therapy may not be indicated for you. If you have had any surgery and have surgicial hardware fixation in the region of the spine being targeted, then decompression therapy should not be used. Other Contraindications include:
- Instabilities of the spine, such as recent fractures
- Biliteral pars defects
- Unstable spondylolisthesis (typical grade 2 and above)
- Gross osteoporosis
- Cancers or tumors of the spine
- Surgical hardware fixation in the region of the spine being targeted

I understand that the practice of chiropractic, like the practice of all healing arts, is not an exact science, and I acknowledge that no guarantee can be given as to the results or outcome of my care. The material risks have been disclosed to me, including a description of those material risks; and after consideration, I agree to the procedures understanding any material risks which are inherent to that procedure.

PATIENT PLEASE REVIEW 
 PRINT & SIGN NAME

I have read or had read to me this informed consent document. I have discussed or been given the opportunity to discuss any questions or concerns with my doctor and have had these answered to my satisfaction prior to my signing this informed consent document. I have made my decision voluntarily and free

Patient's Name (Print)		— Date of Birth —	
Patient Guardian/Representative (Print)			
Patient Guardian/Representative Signature	Date	Translator/Interpreter Signature	Date
I also give my permission for my minor child to	receive this treatme	ent without my supervision or presence at e	ach treatment visit.
Patient Guardian/Representative (Print)			-
Patient Guardian/Representative Signature	Date	Translator/Interpreter Signature	Date
			ly.
	<u>C</u>	LINICIAN ONLY	
Based on my personal observation, the patient's h	nistory and physical ex	kam, I conclude that throughout the informed c	consent process the patient was:
□ OF LEGAL AGE □ APP	EARS UNIMPAIRED		UGH GUARDIAN/PATIENT REPRESENTATIVE
	ENT IN ENGLISH		

\_\_\_, D.C.

Clinician Signature

Date